Our Father in heaven, Address God.

hallowed be your name, Praise God.

your kingdom come, your will be done, on earth as it is in heaven. Acknowledge that God is in control.

## Give us today our daily bread.

Ask for what you need, and thank God for what he has given you.

## And forgive us our debts,

Confess your sin and ask God for forgiveness. Thank Jesus for dying on the cross for you.

as we also have forgiven our debtors. Ask God for help to forgive others.

And lead us not into temptation, but deliver us from the evil one. Ask for help saying "no" to sin.

In Jesus' name, Amen Acknowledge that Jesus is our mediator.