





# FAMILY HANDBOOK

## WYOMING PARK BIBLE FELLOWSHIP FALL 2019 FAMILY DISCIPLESHIP KIT

# INTRODUCTION

#### FAMILY DISCIPLESHIP KITS

Family Discipleship Kits are resources provided as part of our Family Ministries. The mission of Family Ministries is to "make the church more like family, and the family more like church." To that end, one of our goals is to encourage families to establish a weekly or daily habit of "family worship," in which the family sits down together to read and discuss God's Word. Family Discipleship Kits are tools for parents to use in the formation of this habit.

Family worship will look different for every family, so we try to provide a lot of flexibility and variety in our Family Discipleship Kits. Please feel free to use as much or as little of this Discipleship Kit as makes sense for the age and dynamics of your family. The most important thing is that children see their parents modeling what it looks like to read and interpret scripture, pray, and submit to God's Word.

#### **RECEIVE GRACE, EXTEND GRACE**

This Fall's Family Discipleship Kit is based around Pastor Steve's Sermon Series, "Receive Grace, Extend Grace". Pastor Steve will be preaching eight sermons over the next twelve weeks that will look at ways that we receive gifts from God like Grace, Mercy, Truth, and Freedom – and how we can extend those gifts out to others.

Our congregation's own Julie Buter has written an accompanying Bible Study for adults along these themes (be sure to pick that up as well), and this Discipleship Kit looks at these concepts from the perspective of a family with children. The goal of both studies is to prepare the hearts and minds of our congregation for the preaching of the Word – to wrestle personally with the concepts before we hear teaching on it.

This Family Discipleship Kit challenges families specifically to ask, "How can we extend these gifts to the family members with which we share a home?" and "How can a family work together to extend these gifts to others in our congregation, or even outside the church?"

#### USING THIS DISCIPLESHIP KIT

Each week you will be given a passage of scripture to read. Based on the age of the children in your home, you may choose to read the whole passage together, split the passage up over a series of days, or just read the 1-3 "Key Verses" typed out in the study.

After you have read the scripture, use the discussion questions provided to work through the meaning of the text and possible applications. The goal of these discussion questions is to guide you through the theme of the study, and connect the scripture to your everyday life.

In addition to the discussion questions, this study offers a weekly "Family Challenge." These challenges direct your family to take the concept of the week and to find a practical application that will be specific to your family. Once your family has "made a plan" of how you will choose to apply the concept, write it down on the back page of the book. At the end of the study, your family can look back at the ways God has worked in your hearts and lives over the past eight weeks!

Each week's lesson also includes a prayer focus organized around the ACTS (Adoration, Confession, Thanksgiving, Supplication) model. Choose one prayer prompt to pray each night, split them among family members, or pray for them all together each night – just make sure you do not close Family Worship without an intentional time of prayer together!

Lastly, this study provides suggestions for "Further Reading" on the same concept. These passages overlap heavily with Julie's adult Bible Study. If your family is ready for it, these are additional passages you can read together on subsequent nights each week. Or, these passages could be assigned to older children to read on their own.

After your family completes each lesson, place the appropriate sticker (provided with this book) on the back cover of the Discipleship Kit. This helps track progress, but can also serve as a reward for a young child who has sat his/her best through Family Worship! The goal would be that this sticker would serve as an incentive so that kids will remind mom and dad that it's Bible time!

made a plan, write it here to help keep yourselves accountable:









Each week you are given a *Family Challenge*, and are directed to *Make a Plan*. Once your family has





WEEK 6	



## WEEK 8 GIFTS Receive Gifts, Extend Service

#### RFAD

#### Romans 12

**Key Verses:** "We have different gifts, according to the grace given to each of us. If your gift is prophesying, then prophesy in accordance with your faith; if it is serving, then serve; if it is teaching, then teach; if it is to encourage, then give encouragement; if it is giving, then give generously; if it is to lead, do it diligently; if it is to show *mercy, do it cheerfully.*" (Romans 12:6-8)

#### FAMILY CHALLENGE

As a family, discuss different ways your family has received spiritual gifts from God.

*Make a plan* for how your family can take the next step to extend service to God through your spiritual gifts. Think about ways you could challenge each other to serve God more.

*Check in with each other* throughout the week and point out times when you notice God's spiritual gifting in their lives. Encourage them in their service of God, and praise God for giving them spiritual gifts.

#### FURTHER READING

Psalm 139:13-14

Ephesians 2:10

1 Corinthians 12:8-10

1 Peter 4:8-11

Colossians 3:23-24

#### DISCUSS

What are some ways we have received spiritual gifts from God?

Take a moment to talk about each family member present: what are his/her spiritual gifts?

What are some ways you have seen people use their spiritual gifts to extend service in God's kingdom?

Do you think you can use your spiritual gifts to extend service to your family?

How can you use your spiritual gifts to extend service to our church?

How can you use your spiritual gifts to extend service to those outside the church?

## WEEK 1 GRACE Receive Grace, Extend Grace

#### READ

#### Ephesians 1-2

Key Verses: For it is by grace you have been saved, through faith—and this is not from yourselves, it is the gift of God— not by works, so that no one can boast. For we are God's handiwork, created in Christ Jesus to do good works, which God prepared in advance for us to do. (Ephesians 2:8-10)

#### FAMILY CHALLENGE

As a family, discuss which situations your family finds most difficult to extend grace each other. Talk about why this may be, and what specifically you could do to extend to each other the grace you have received from God.

Make a plan to show each other more grace this week. Perhaps you memorize a verse to quote in moments of frustration, or pray together nightly that God would help you to show more patience, mercy, or kindness.

Check in with each other throughout the week and keep one another accountable as you seek to be more gracious in your daily interactions.

#### FURTHER READING

Romans 3:20-24

Titus 2:11-14

Colossians 4:4-6

2 Corinthians 9:8

Ask God to help you extend the grace to others that you have received from him.

#### PRAYER FOCUS

**Praise** God that he has the power to work through us to do his will.

*Confess* the times that you have not served God the way vou should.

Thank God that he has gifted us to do the work of ministry.

Ask God to give you the grace to serve well.

#### DISCUSS

What is "grace"?

What are some ways we receive grace from God?

How does it feel when you receive grace?

What are some ways you can extend grace to the people in your family?

What are some ways you can extend grace to people at church?

What are some ways you can extend grace to people outside of church?

What are some ways you can extend grace to an enemy?

What are some reasons that extending grace to other people can be difficult?

#### PRAYER FOCUS

**Praise** God that he is Gracious

**Confess** the times that you have withheld grace from others.

*Thank* God for the grace we have received from him

## WEEK 2 JESUS Receive Jesus, Bear Jesus Fruit

#### READ

#### John 15:1-17

Key Verses: "Remain in me, as I also remain in you. No branch can bear fruit by itself; it must remain in the vine. Neither can you bear fruit unless you remain in me.

*I am the vine; you are the branches. If you remain in me* and I in you, you will bear much fruit; apart from me you *can do nothing."* (John 15:4-5)

#### FAMILY CHALLENGE

As a family, discuss what spiritual fruit Jesus is producing in your family, and different ways that you can trust Jesus even more.

*Make a plan* to help each other spend designated time worshiping and praying this week. Challenge each other to take the next step in each of your relationships with Jesus.

Check in with each other throughout the week and keep one another accountable as you seek to remain in Christ and trust him to produce spiritual fruit in you.

#### DISCUSS

What does it mean to "remain" or "abide" in Jesus?

> What does it mean to receive Jesus?

> What are examples of spiritual fruit?

What does it look like when a person is bearing Jesus fruit?

What does it look like when a family is bearing Jesus fruit?

What does it look like when a church is bearing Jesus fruit?

Who are some people you know who are spiritually fruitful?

What should you do if you feel like you, your family, or your church is not bearing spiritual fruit?

#### FURTHER READING

Matthew 3:8

Matthew 12:33

Romans 10:9-10

Galatians 5:16; 22-26

#### PRAYER FOCUS

Praise God that he is our Gardener

**Confess** the times that you tried to do good things on your own strength.

Thank Jesus for producing fruit within us.

Ask Jesus to help us trust him more.

#### WEEK 7

## GENEROSITY Receive Generosity, Extend Generosity

#### READ

#### 2 Corinthians 9:6-15

**Key Verses:** "Each of you should give what you have decided in your heart to give, not reluctantly or under compulsion, for God loves a cheerful giver. And God is able to bless you abundantly, so that in all things at all times, having all that you need, you will abound in every good work." (2 Corinthians 9:7-8)

### FAMILY CHALLENGE

As a family, discuss different ways your family has received generosity from God.

*Make a plan* for how your family can extend generosity to someone else this week. Think about a person, family, or project that you can give something to - perhaps anonymously. Try to find a way that the whole family can take part in the giving (not just the parent who writes the check!)

*Check in with each other* throughout the week and remind each other of the generous blessings we have received God, that we should be thankful for them.

#### FURTHER READING

#### Matthew 7:7-12

Romans 8:31-32

1 John 5:13-15

2 Corinthians 9:6-15

Matthew 6:1-4

**Praise** God that he is a good God—that he is kind and loves to bless us.

**Confess** the times that you have been selfish, and reluctant to share what God has given us with others.

Thank God for his blessings to us.

Ask God to open our eyes to the needs of others.

#### DISCUSS

What does "generosity" mean?

What are some ways we receive generosity from God?

How does it feel to receive generosity?

What are some ways we can extend generosity to people in our family?

What are some ways we can extend generosity to people in our church?

What are some ways we can extend generosity to people outside of our church?

Why can extending generosity be difficult?

How do you feel after you have been generous with someone?

#### PRAYER FOCUS

## WEEK 6 FREEDOM Receive Freedom, Extend Freedom

#### READ

#### Isaiah 61

**Key Verses:** "The Spirit of the Sovereign LORD is on me, becuase the LORD has anointed me to proclaim good news to the poor. He has sent me to bind up the brokenhearted, to proclaim freedom for the captives and release from darkness for the prisoners..." (Isaiah 61:1)

#### FAMILY CHALLENGE

As a family, discuss different situations of injustice, oppression, or bondage that you might come in contact with or be aware of.

Make a plan for how your family can do something tangible to work for justice in one of those situations. For example, your family could volunteer time at an organization that advocates for people who are oppressed, or prepare a meal for our church's own chapter of Safe Families.

Check in with each other throughout the week and remind each other of the freedom we experience in Christ.

#### DISCUSS

What are some ways a person can be in bondage, experiencing injustice, or oppressed?

What are some ways we have received freedom from Jesus?

What are some ways that we can extend freedom to people in our family?

What are some ways that we can extend freedom to people in our church?

What are some ways that we can extend freedom to people outside of our church?

How is our role in extending freedom like Jesus's role?

How is our role in extending freedom different from Jesus's role?

#### FURTHER READING

Galatians 5:1, 13-14

2 Corinthians 3:17

James 4:11-12

Titus 3:1-8

Romans 14:8-13

#### PRAYER FOCUS

Praise God that he is just.

**Confess** the times that you have closed your eyes to injustice, and not sought to advocate for the oppressed.

*Thank* God that he will bring justice on the earth.

Ask God to help us love justice as he loves justice.

## WEEK 3 MERCY Receive Mercy, Extend Mercy

#### RFAD

#### Matthew 18:21-35

**Key Verses:** "Then the master called the servant in. 'You wicked servant,' he said, 'I canceled all that debt of yours because you begged me to. Shouldn't you have had mercy on your fellow servant just as I had on you?' "(Matthew 18:32-33)

"This is how my heavenly Father will treat each of you unless you forgive your brother or sister from your heart." (Matthew 18:35)

#### FAMILY CHALLENGE

As a family, discuss situations in which you could do a better job of extending mercy to one another.

Make a plan to show each other more mercy this week. For example, siblings might commit to overlooking a wrong, or the family members might challenge themselves to forgive one another more guickly.

Check in with each other throughout the week and keep one another accountable as you seek to extend the mercy that you have received from God.

#### FURTHER READING

#### Ephesians 4:31-32

Mark 11:25

Matthew 6:14-15

Luke 6:37

Colossians 3:13

*Thank* Jesus for his sacrifice that made it possible for us to receive mercy.

Ask God to help us extend mercy more.

#### DISCUSS

What is "mercy"?

What are some ways we receive mercy from God?

How does it feel when you receive mercy?

What are some ways you can extend mercy to the people in your family?

What are some ways you can extend mercy to people at church?

What are some ways you can extend mercy to people outside of church?

What are some ways you can extend mercy to an enemy?

What are some reasons that extending mercy to other people can be difficult?

#### PRAYER FOCUS

**Praise** God that he is merciful.

**Confess** the times that you have refused to extend the mercy that you had received.

## WEEK 4 HARDSHIP Receive Hardship, Extend Grace

#### RFAD

#### Luke 6:27-36

Key Verses: "But love your enemies, do good to them, and lend to them without expecting to get anything back. Then your reward will be great, and you will be children of the Most High, becuase he is kind to the ungrateful and the wicked. Be merciful, just as your Father is merciful." (Luke 6:35-36)

#### FAMILY CHALLENGE

As a family, discuss different situations you are currently facing that could be considered "hardships".

Make a plan for how your family is going to be intentional to extend grace in these hardships. Try to think of specific ways that you can respond to each other (or to others) that showcase God's grace working in your lives.

*Check in with each other* throughout the week and remind each other of God's mercy and grace to us, and how all things work together for our good and God's glory.

#### DISCUSS

What are some hardships you might face in this life?

Who in your life might be considered an "enemy"?

We were once God's enemies. How did God treat us?

What are some ways you could respond when you face trials, or persecution from an enemy?

What are some different ways you might respond to these hardships?

What are some ways you extend grace in the midst of a hardship?

Why is it difficult to extend grace when you are facing hardship? Is it possible?

#### FURTHER READING

James 1:2-4 Romans 8:28-39

Romans 12:17-21

1 Peter 4:12-16

2 Corinthians 4:17-18

#### PRAYER FOCUS

**Praise** God that he is sovereign.

*Confess* the times that you been angry with God about the hardships in your life, instead of trusting him.

*Thank* God for using hardships to make us more like Jesus.

Ask God to help us extend grace in the midst of hardships.

## WEEK 5 TRUTH Receive Truth, Extend Truth

#### RFAD

#### John 4:1-42

**Key Verses:** "Yet a time is coming and has now come when the true worshipers will worship the Father in the *Spirit and in truth, for they are the kind of worshipers the* Father seeks. God is spirit, and his worshipers must *worship in the Spirit and in truth.*" (John 4:23-24)

#### FAMILY CHALLENGE

As a family, discuss how the enemy can lead us into temptation by telling us lies that we find ourselves believing about God, ourselves, or our salvation.

Make a plan for how your family can help each other extend truth to one another when anyone feels fear, worry, or discouragement. Work together to think of scripture that will demolish the lies of the enemy. Read scripture together and think through how you can take your thoughts and submit them to the Word.

Check in with each other throughout the week and remind each other of what is true.

#### FURTHER READING

#### 2 Corinthians 10:5

Hebrews 10:26-27

1 John 1:5-10

Philippians 4:8-9

Ephesians 4:20-25

**Confess** the times that you believed the lies of the enemy instead of submitting your thoughts to the truth.

**Ask** God to help us worship him in spirit and in truth.

#### DISCUSS

How do you know if something is true?

What are some ways a person might get confused about what is true and what is false?

> How do we receive truth from God?

What are some ways a person might get confused about what is true about God?

What are some ways people get false ideas about God?

What does it mean to "worship God in truth"?

What are some ways you can extend truth to people in your familv?

What are some ways you can extend truth to others?

#### PRAYER FOCUS

**Praise** God that his Word is true.

*Thank* God for his Word, which is a light to our path.